

FAQs

1. Timezone: Are the appointment time slots shown in my timezone? Yes the booking calendar automatically displays appointment times in your timezone. You do not need to worry about making the conversion.

2. After completing my booking, do you call me or do I call you? I will call you at the number you provided on the booking form, so please make sure you enter the correct phone number. Your information is kept private and secure, I do not sell or share any of your information.

3. Do you need information about me such as my DOB before my reading? No I do not need to know the DOB to give a **Psychic Reading**. You can tell me briefly what you want from the reading and how I can help you. Once I establish a connection with you and the situation at hand, you can then share with me what you would like me to know. A reading is a collaboration between the Psychic and the client, in very much the same way a session with a therapist or counselor can be. I do encourage balanced constructive sharing in all my readings.

- ▶ Please try to avoid giving too much information at the beginning of the reading, as this can effect the integrity of the process I use to gather and interpret Psychic intel.
- ▶ Please let me know what type of session you are seeking at the start of the call, as well as the first name(s) of person(s) of interest.

Exception: (DOB) If you are seeking a **Numerology** reading, the following information will be needed to calculate your chart:

Time-Day-Month-Year-Place of Birth.

Psychic Reading Vs Coaching: Unlike my typical Psychic Readings, **Therapy** and **Coaching** sessions require an equal amount of input from both of us. Here, you can talk at length about any of your concerns, challenges, goals and desires. I do understand that sometimes you just need someone to listen to you, rather than give you insights and that is perfectly fine! This service is ideal when you just need to sort out your thoughts/feelings, or need help making decisions. We always practice **Constructive Sharing**, and never dwell on negativity which only begets more negativity.

▶ Please let me know at the beginning of the call whether you would like to combine a Psychic Reading With Coaching in the same session. I am happy to accommodate your needs!

4. Can I share photos with you and how? Yes you can share photos with me during the reading by texting them to the number I call you from. Although I generally like to keep the external sensory stimuli to a minimum, photos often can be very helpful in **Mediumship** readings. A picture of a deceased loved one, helps me connect with his or her energy. Other types of readings where photos can be especially helpful are: **Animal Communication** and **Real Estate** or **Business Viability Assessment**.

5. Do I need to prepare for my reading? Yes! A Psychic reading is essentially an energy exchange that requires openness on your part to flow well. The success of the session is as much your responsibility as it is mine. To get the most out of your session, please apply the suggestions below.

How To Prepare:

- Have your questions ready and make sure they are specific
 - Grab a pen and paper to take notes
 - Be receptive, honest and solution oriented
 - Be mentally and emotionally peaceful as we'll be sharing energy
 - Find a quiet place where you won't be disturbed during the session
 - Sit comfortably and begin to find some stillness
 - Take deep breaths to relax and release tension on the exhales
 - Bring your awareness to what it is you would like to know
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What To Avoid:

- Getting a reading while you are driving
- Getting a reading while in an office or room with other people
- Too much motion or noise, as it can distract you and disrupt flow
- Vague questions such as “what do you see” or “what is ahead”
- Speaking in the imperative or interrupting
- Dwelling on problems, Negative thoughts or Negative feelings

- ▶ Sure, we discuss problems and challenges too, some are very complex and painful. I will touch on many things in great detail, but will only dwell on the solution, and create a solid action plan for you to apply in order to achieve positive outcomes.
- ▶ I work diligently to hold the space for you in a way that is supportive, positive, safe, and judgment free. The primary focus of my work is to help you achieve balance and build your confidence so you can make the right choices in life.
- ▶ I am not just a Psychic who tells you “what is going to happen” although I am very good at it. I am mostly a problem solver, using all the tools at my disposal to get you, and hopefully keep you on track. It is up to *YOU* to apply the information and guidance effectively. I can not control you or your destiny, nor will I ever encourage dependency on me or any other form of self sabotage.

6. Do you give general Psychic Readings? If by general you mean, you do not have questions or a specific area of concern then the answer is no. However, you can ask about anything that concerns you, so long as it remains within the bounds of what is ethical and respectful of other’s free will.

- ▶ The only exceptions are **Numerology**, **Past lives** and **Life between Lives** readings. I do take a more general approach with them and do not require questions or a target, as I do with my **Telepathic** or **Remote Viewing** readings.

▶ I like to use a metaphor when someone asks this question. Imagine your life is a long movie, and by long I mean several hours long. Now imagine me the viewer, trying to find which scenes to review. When you give a vague question or no direction at all, I am left to aimlessly navigate the movie scenes. When you give me clear concise questions I can zoom in, fast forward, pause, and rewind effectively. The latter also saves energy, time and money.

▶ A general Psychic reading is best suited for a Tarot card reader who opens up the deck, and interprets whichever cards come up. Using divination tools for a reading requires interpretation, which can be very subjective. It may also compromise the integrity of the reading when done incorrectly or by someone who is not genuinely Psychic.

▶ While Tarot and other tools CAN be very good, when used correctly and combined with Intuition, the interpretation of the reader should always remain objective in order to insure accuracy and quality.

7. Do you record the sessions or allow recording? No. Due to privacy and proprietary rights I strictly forbid recording of any reading, session, or communication between me and anyone who books services on my site. Also strictly forbidden, is any third party participation or eavesdropping. My readings are private, one on one sessions between me and my clients.

By booking a session or reading with me you understand and agree to the following:

- ▶ The “No Recording” policy is non negotiable
- ▶ No third party is allowed to listen in or participate in my readings without my informed consent
- ▶ Violation of this policy will result in immediate termination of the call
- ▶ No refund will be issued for the remaining time if there is any

8. Can I email you updates and additional questions after my reading with you?

I strive to create a balanced, fair exchange between me and my clients. Speaking to you directly in real time is also more personal, which is why I work by appointment only. Please try to have all your questions ready before the reading so nothing is left out.

- ▶ Should you need additional support or quick updates, you can book the promotional package on my service page. It includes 3 sessions/15 minutes each, you can use them at your convenience and as needed.
- ▶ I have a tendency to encourage independence, self reliance and self power. I will love you no less if you contact me too often... I just prefer that you don't ;)

All My Love

Hanane



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